



## UreaAide.Com FAQ

**Q:** How can **UreaAide** raise the serum sodium without any salt?

**A:** If your doctor diagnosed you with **SIADH** then you have excess water. Lack of salt or sodium is not the problem. **Inability for the kidney to excrete excess water** is. **UreaAide is an osmotic diuretic** that will assist the kidney in ridding the body of the excess water, and hold onto sodium. This will take off the dilution effect and raise the sodium level safely and effectively.

**Q:** I love the price of the **UreaAide unflavored** but I don't love the taste. How can I improve the taste?

**A:** We suggest mixing the unflavored **UreaAide** powder with 1/2-1 tbsp. of powdered Gatorade or G2. This will let you choose the flavor and add as much or as little as you wish to fit your taste. For more ideas, **check out our recipe page and videos at UreaAide.com.**

**Q:** Is there tasteless Urea?

**A:** Yes! We offer UreaTabs, 2.5 gram tasteless tablets, that have a natural coating for easy swallow. They can also be split or crushed.

**Q:** What is the usual starting dose of **UreaAide**?

**A:** The usual starting dose is 1 scoop twice a day, 1 packet twice a day, or 4 tablets three times a day. Talk to your health care provider about your specific dosing.

**Q:** Where is the best place to purchase **UreaAide**?

**A:** While **UreaAide** is sold on Amazon and some pharmacies, **customers on average save about 15% by purchasing directly on our website [www.UreaAide.com](http://www.UreaAide.com).** Amazon pay is now available on our website also.

**Q:** Why is **UreaAide** powder suggested to be mixed in only 4 oz. of water?

**A:** Most often if you are recommended to take **UreaAide**, **your doctor will also want you on a fluid restriction.** **UreaAide** was designed to taste great and dissolve completely in as little water as possible. Of course, you may find it tastes better to add a little more water like 6-8 oz and that is usually okay.

**Q:** I have heard that if I take **UreaAide**, I may be allowed to have more liquids. Is that true?

**A:** It may be true, yes. Often patients will see great results with **UreaAide** and their **doctor may advise a less strict fluid restriction.** This is something you and your doctor would need to discuss.

**Q:** Is **UreaAide** covered by insurance?

**A:** This is a great question and a frustrating one as a doctor. The short answer is not usually, but worth exploring. You can call your insurance carrier and let them know your doctor has prescribed **UreaAide**, a medical food for the management of SIADH/Hyponatremia. Let them know this is covered under your medical benefit not your pharmaceutical benefit or under DME (durable medical equipment). They will likely require a PA (prior authorization) from your doctor's office. Your doctor may

use the HCPCS codes B-4155 (EF/incomplete/modular) or the DME code A- 9999 (DME supply or accessory, NOS) when submitting the form. Another option is ask the insurer if you can submit a reimbursement form and they may repay you for the purchase.

**Q:** Does **UreaAide** qualify as a medical expense and therefore may I use my HSA, FSA, or HRA card?

**A:** Happy to say, **absolutely YES! We can accept these forms of payment** on the website. Remember **UreaAide** is a **tax-deductible medical expense**.

**Other questions? Email us at [info@ureaaide.com](mailto:info@ureaaide.com)**

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Scan the QR code to sign up or subscribe at [www.UreaAide.com](http://www.UreaAide.com)

